



# M.K. Occupational Health Ltd COVID-19 Services

## **SUPPORTING OUR PARTNERS AND CUSTOMERS WITH:**

- ⇒ Return to work support through COVID-19 Employee Screening and remote Management Referrals
- ⇒ Maintaining Health Surveillance
- ⇒ Managing changes in work roles and patterns through Health Questionnaires
- ⇒ Physical and mental wellbeing through Remote Home Worker Assessments and an Employee Assistance Programme

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# COVID-19 Employee Screening



The Coronavirus COVID-19 pandemic is currently disrupting business and leaders and HR business partners are concerned about how best to look after their staff and ensure continuation of work.

As part of your contingency plan, you are most likely considering employee screening to safely and effectively comply with current advice, continue to employ people, and run your business.

We can help.

The screening is done by telephone by an Occupational Health Nurse or Physician with a report back to you same day allowing you to take quick and effective action on those wanting to return to work.

Screening of Employees:

- Vulnerable employees - those with underlying health conditions or over 70s
- Symptomatic employees
- Non-vulnerable employees
- Employees with family members in isolation

We are offering this on an ad hoc, half and full day basis to get you answers as quickly as possible.

**Contact us at:**  
**[appointments@mkoh.co.uk](mailto:appointments@mkoh.co.uk) or 01908 262464**

# COVID-19 Management Referrals



Despite the Coronavirus COVID-19 pandemic line managers, HR and businesses are still having to manage sickness within their teams. This is either at home or in the workplace.

For those that are absent specifically for COVID-19 our specific COVID-19 Employee Screening programme would be of assistance. For those employees that require a formal referral and support, MKOH are maintaining their Management Referrals service. Line Managers and HR can then work with the employee to their return to work programme along side the current challenges COVID-19 is presenting workforce planning.

The referral is done by telephone or Video Conferencing (using Zoom, Skype, WhatsApp, Facetime) by an Occupational Health Nurse or Physician with a report back to you allowing you to take quick and effective action for the employee and the wider business planning.

We are offering this on an ad hoc basis with appointments of 30 minutes to get you answers as quickly as possible.

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# COVID-19 Health Surveillance



In the light of advice from Public Health England on COVID-19, HSE has set out in guidance, a proportionate and flexible approach to enable health/medical surveillance to continue. It applies where workers are undergoing periodic review under several sets of health and safety regulations. The guidance balances the current constraints presented by the COVID-19 outbreak and the need to protect the health, safety and welfare of workers.

The key deliverable is for a questionnaire based approach to be delivered in the first instance, back up by telephone based clearance were required.

The clearance will be for a period of 6 months at which point a face to face medical will be resumed (subject to change).

This would include all those requiring medicals for:

- Health surveillance under COSHH regulation 11
- Medical surveillance under COSHH Schedule 6,
- Control of Asbestos Regulations 2012
- Control of Noise at Work Regulations 2005
- Control of Vibration at Work Regulations 2005

We can help. Contact us to find out how we can support your Health Surveillance programmes during this period and how employees can access our questionnaire programmes.

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# COVID-19 Health Questionnaires



The Coronavirus COVID-19 pandemic is currently disrupting business and leaders and HR business partners are concerned about how best to look after their staff and ensure continuation of work.

The result of review business work force planning may be that employees are now having to undertake very different roles within organisations and at different times e.g. commencing night working. Organisations may also be recruiting for specific short term support.

MKOH continues to offer its Health Screening Questionnaire for:

- New Employees
- Those significantly changing roles
- Night Workers

The screening is done by telephone by an Occupational Health Nurse with a report back to you allowing you to take quick and effective action on ensuring safety of your employees.

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# COVID-19 Remote Home Workers



The Coronavirus COVID-19 pandemic is currently businesses are concerned about how best to look after their staff and ensure continuation of work, particularly when part of those solutions is to allow staff to work from home. The resulting impact can be poor working environment, underlying health issues now being managed at home or mental health challenges (see our EAP offering).

To satisfy businesses that their staff are working in the best environment possible at home, MKOH can offer a Remote Home Worker Assessment which could include:

- Remote ergonomic assessment
- Stress assessment / Health assessment
- Pregnancy Risk Assessment

This would be undertaken by an Occupational Health Nurse or Physician via Telephone, Zoom, Skype, WhatsApp or Facetime.

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# Employee Assistance Programme



MKOH work with Health Assured in delivering our EAP programme to customers.

All members of staff whether in the workplace, at home or furloughed can be finding changes in their daily routine challenging, stressful or financially complicated. Through our programme, your employees and family can access compassionate advice at any time of the day or night, whatever their problems!

Our service offers a Confidential support services accessed through a helpline, online and via an App. It is available 24 hours a day, 7 days a week, 365 days a year. It provides:

- Counselling including Cognitive Behavioural Therapy
- Family support services
- Medical Line (non prescribing)
- Manager consultation for those managing employees
- Financial guidance and planning
- Legal Services

The online portal and app offers specific support on Physical and Mental Wellbeing, Financial wellbeing, emotional help through accessing to extensive library of videos, webinars, planners, articles and more.

Contact us to discuss how we can construct a programme that best supports your employees during these unprecedented times and beyond!

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